

2026



May



A Meal Program for Older Adults living in the RM of Macdonald

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31					1	2
3	4 La Salle @ 11:45 Big salad & grilled chicken Games @12:30	5	6 Starbuck @11:45 Perogies & farmer's sausage	7 Sanford @11:45 Tea sandwiches, soup, dainties Walker tune up clinic @1pm Sanford Legion	8	9
10 Mother's Day	11 Brunkild @ 11:45 Sweet potato and black bean patties Mystery Guest	12	13 Starbuck @11:45 Chicken thighs Games @12:30	14 Sanford @ 11:45 Spring pea & pesto salad with flank steak Games @12:30	15	16
17	18 No meal Victoria Day	19	20 Starbuck @11:45 Soup and egg salad sandwiches	21 Sanford @ 11:45 Asian beef stirfry	22	23
24	25 La Salle @11:45 Italian meal Fun with MHRD @12:30	26	27 Starbuck @11:45 Meatballs & mushroom gravy	28 Sanford @ 11:45 Honey mustard chicken	29	30

Please call Leanne at 204-736-2255 to sign up no later a couple days before each week's meals.
We will try to accommodate special dietary requests. **Please call ahead to confirm.**
 Menu subject to change. **\$10 per person**